

Breakfast Connections was a great success!

Press Release

January's Breakfast Connections Kicked off 2009 with Networking Tips & Tools

The brisk January air was soon replaced with warm inviting hospitable greetings as business people poured through the doors of Moustache Joe's to take part in the energizing new-year session of Breakfast Connections. The downtown restaurant opened early to a capacity crowd that kicked-off the 2009 series of the Breakfast Connections- Creating Success Networks.

Local entrepreneur and auctioneer Theresa Taylor was the guest speaker who motivated the attendees to take charge of their careers by reaching out to others in the community, getting involved with organizations, introducing themselves to people at events and always be ready with a smile and a welcoming attitude.

Attendees at the fourth in a series of ten monthly Breakfast Connections, were inspired at the breakfast to get to know the other business professionals in attendance. Ms. Taylor shared some local stories of her own networking experiences and the joy experienced by helping others find what they are looking for. It is all about connecting not only with your strong ties, but your weak ties as well. All participants received a handy booklet, *Networking for Business and Life-88 Positive Networking Tips*, courtesy of host the Cornwall Business Enterprise Centre.

What began as a pilot project between the Cornwall Business Enterprise Centre, the SD&G Community Futures Development Corporation and the Cornwall and Area Chamber of Commerce, has developed into a great networking venue, where a mix of new attendees meet with returning ones. These topical breakfasts take place once a month and invite participants to take a break, connect, share and learn.

Our next Breakfast Connections, *Successful Proposal Writing*, will be held at Best Western Parkway Inn on February 18, 2009. At a cost of \$10.00 per breakfast, you receive a delicious breakfast, have an opportunity to meet and mingle with other business people as well as listen to a guest speaker and ask questions. As an added bonus, with each Breakfast Connections you attend your name is entered in a draw to win a laptop courtesy of Jtec, to be drawn in June. Therefore, the more times you attend the more ballots that are entered for you to win. For more information or to register, please contact Please Call SD&G Community Futures Development Corporation at 613-933-4333 or email info@sdgcdc.on.ca